



Annex ix: Club Health and Safety Policy

It is the policy of Bitton Road Runners to ensure as far as reasonably practicable, the health and safety of all club members engaged in club activities. Club activities are defined as those advertised on the club website, via club e-mail, or announced at a club meeting.

The Club Committee and coaches are to ensure that club training events are managed safely. This entails a common sense approach to ensuring that actions identified in the risk assessments conducted for training activities are acted upon and that any adverse situations which could occur such as severe weather conditions during a training activity managed in a safe manner.

It is the responsibility of all club members to act safely and to look after other club members. Individual club members should bring to the attention of a club official any injury or other factor that may affect their health or that of another during a training session.

Risk assessments have been completed for each club training activity, are displayed on the constitution page of the club website, and will be reviewed annually by the committee. Races organised by Bitton Road Runners each have their own risk assessment as required under the licensing/permitting authority.

For all club training sessions including track training at Yate the club will endeavour to have a First Aider present. First Aid kits are available at the clubhouse and the track. A list of First Aiders is displayed on the club and track notice boards.

Incidents that result in an 'accident or near miss' during a club activity must be reported immediately to the coach present and a committee member. At the first opportunity the committee or quorum of the committee will decide what further action is to be taken.

There is a club procedure for dealing with emergencies, accidents or incidents on the constitution page of the club website.

Accepted/reviewed by the Committee: Sept 2010